UNIQUE CLASSES

{these classes are an important part of our Curriculum, and some are included with your tuition payments}

Handwriting Without Tears

At Disciples, we have chosen to use the curriculum "Handwriting Without Tears". It was developed by Jan Olsen and Emily Knapton who are occupational therapists. The curriculum is a researched based program that is developmentally appropriate, uses hands-on multisensory materials and experiences, and addresses different learning styles. Throughout the year children will progress through many themes which include:

- Drawing
- Alphabet knowledge
- Colors & coloring
- Writing & counting, and numbers.

We have found this approach to handwriting instructions to be both effective and developmentally appropriate for preschoolers.

For more information, check out their website: www.getsetforschool.com

Music

All classes break out for a 30-minute Music class every Wednesday (in addition to music being offered in the classroom). Through singing, playing instruments, creative movement, dancing and playing singing games we will work on refining both large and small motor skills, social skills, memory skills, sequencing skills, and language development. During Music class the children will be exposed to singing, dancing, musical instruments, and instruction.

Stretch & Grow

Teaching children ages older 2s, 3s & 4s life skills through sports. This is a 30-minute class twice a month. It teaches the fundamentals, helps with motor skills (Balancing, Running, Catching, Throwing, Kicking & Jumping).

<u>Little Peoples Creative Workshop</u> (This is at an extra charge)

Is a special program for young children (beginning at age 2) designed to give BOYS and GIRLS a chance to experience music, dance, and theatre in a fun and loving atmosphere among their friends. Through music, theatre, and dance children can develop healthy social, physical, and fitness skills that will remain with them the rest of their life. In our class your child will be encouraged to move, pantomime, and stretch in a creative, yet controlled, environment using classical techniques that is age-appropriate and specific.

This is a 30-minuet class on Mondays at 10:30.

For more information, check out their website: www.lpcw.com